



REPRODUCTIVE HEALTH IN AFRICA

Conversations that matter



ABOUT DSW KENYA



Deutsche Stiftung Weltbevölkerung (DSW) - a global development organisation founded and headquartered in Germany.

DSW Kenya - non-governmental organisation registered in Kenya as one of the East African country offices of DSW headquartered in Germany.

We are committed to creating demand for and access to health information, services and supplies for the youth, and securing their right for a brighter future in the following ways:

- Advocacy,
- Capacity development, and
- Family planning initiatives

ABOUT DSW KENYA



Our aim is to make sure the youth of today are empowered to lead healthy and self-determined lives.

DSW Kenya has active programme interventions in 13 counties: Bungoma, Kisumu, Kilifi, Kwale, Laikipia, Meru, Mombasa, Nairobi, Nakuru, Nandi, Nyandarua, Trans Nzoia, Uasin Gishu, and West Pokot.

WHY WE MUST TALK ABOUT REPRODUCTIVE HEALTH

THE BACKGROUND

The exercise of control over one's sexual and reproductive health linked to human rights and includes:

- Reproductive health is a component of overall health, throughout the life cycle, for both men and women;
- Reproductive decision-making, including voluntary choice in marriage, family formation and determination of the number, timing and spacing of one's children and the right to have access to the information and means needed to exercise voluntary choice;
- Equality and equity for men and women, to enable individuals to make free and informed choices in all spheres of life, free from discrimination based on gender; and
- Sexual and reproductive security, including freedom from sexual violence and coercion, and the right to privacy.

However, young people are struggling with SRHR.

THE CURRENT SITUATION

HIV, teenage pregnancies and sexual and gender based violence are Triple threat among Adolescents and young adults in Kenya



1,465,537
New ANC clients



38,585
Deliveries from HIV positive Women



16,957
No. Adolescents (10-14 years) Presenting With Pregnancy at 1st ANC Visit



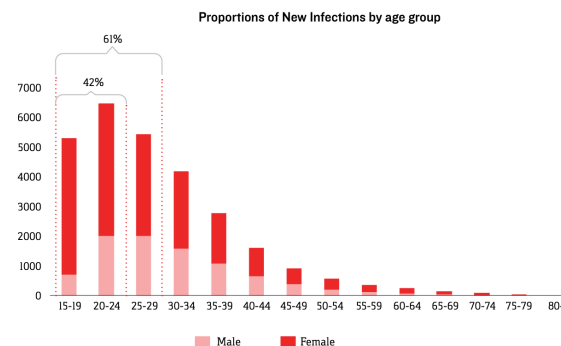
31,4621
No. Adolescents (15-19 years) Presenting With Pregnancy at 1st ANC Visit



331,578
Total adolescent pregnancies

22.6%
Proportion of adolescents attending 1st ANC

We must end new HIV infections among adolescents and younger adults (15-29) who contribute to 61% of all adult new HIV infections in 2020



National Aid Council, World Aids Day Progress Report, 2013 - 2021

THE CURRENT SITUATION

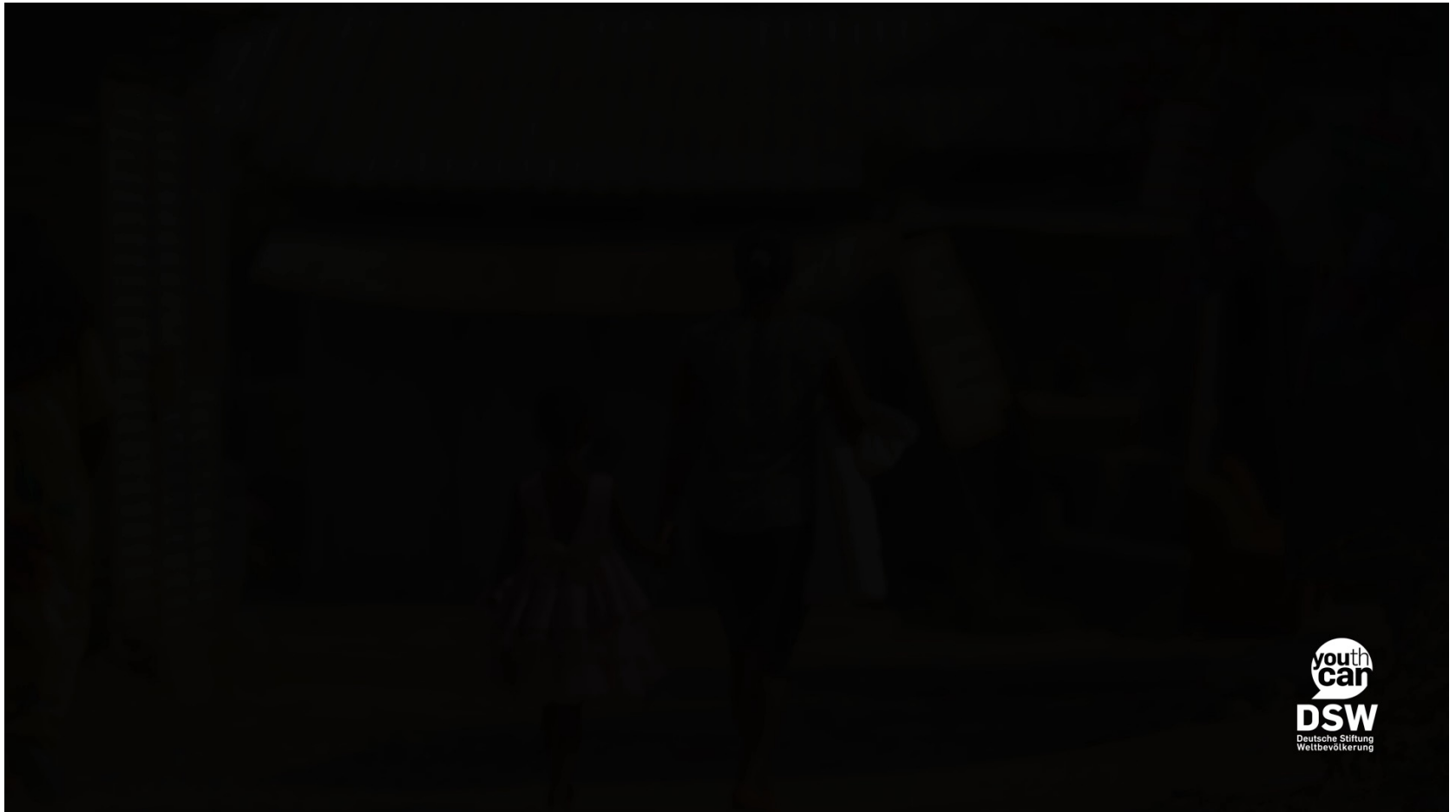
Awareness factors

- Lack of knowledge on various SRHR issues including menstruation, contraception, sexual gender-based violence.
- Because of this, many young people are not able to demand for or access SRHR information and services.
- Consequences of this include low uptake of contraceptives; unintended pregnancies; unsafe abortions; HIV and STI infections; and sexual and gender-based violence.
- Myths and misconceptions about SRHR issues also drive poor demand for services.

Service provision factors

- Stock-outs- unavailability of contraception products at public facilities contribute to unmet need for contraceptives.
- Lack of trained personnel on SRHR service provision, which means many young Kenyans do not access the services they need.
- Provider bias- in many cases young people do not visit healthcare centres because they are met with stigma and judgement.
- Lack of youth-friendly services

WHAT DSW IS DOING TO CHANGE THESE



SOCIAL ACCOUNTABILITY

What it is

- Citizen-led action to hold public officials and service providers in the use of public resources and delivery of services
- An avenue through which citizens exercise their right to participate in decision making processes
- The mechanisms and tools include:
 - Community scorecard - Mombasa, Meru, Nakuru
 - Budget analysis - 11 counties
 - Public expenditure tracking -
 - Public hearings – 15 counties

Objectives

- Assess community satisfaction with SRHR services provided
- Support community to identify gaps in budget allocation and service quality
- Increase demand for and accountability on SRHR budget, expenditure and quality services.



- Lifeyangu.com is a platform where young people can access age-appropriate and relevant information on reproductive health.
- In addition, the website links the users to health facilities offering reproductive health services. encourages young people to get services from approved healthcare centres and from trained service providers.

Goal

- Increase awareness of RH and contraceptive information and services among youth (18-24yrs) in Nairobi, Kisumu and Mombasa county.

Objective

- Promote health seeking behaviour by youth (18-24yrs) through creation of a sustainable digital platform that will empower them to access RH information as well as locate health centres that offer SRH and FP services.

LIFEYANGU.COM



DEUTSCHE STIFTUNG WELTBEVÖLKERUNG (DSW) KENYA

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DSW KENYA, 2020

DSW KENYA REQUIRES ALL DSW KENYA EMPLOYEES TO OBSERVE THE HIGHEST STANDARDS OF BUSINESS AND PERSONAL ETHICS IN THE CONDUCT OF THEIR DUTIES AND RESPONSIBILITIES. PLEASE WRITE TO US ON REPORT@DSWKENYA.ORG IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE CONDUCT OF ANY

DSW KENYA EMPLOYEE.